

Control of Fatigue Policy

This policy supplements the health & safety policy statement.

Any employee must not commence or continue work if he or she is fatigued to such an extent that their condition may prejudice his or her safety, or the safety of others.

Managers will not plan work arrangements for personnel who are fatigued or are likely to become fatigued during the work period. Managers and supervisors are authorised to prevent any employee from commencing work or continuing to work if they believe the person is fatigued.

To contribute to improved safety performance through the control of fatigue limitations on hours worked will be applied.

Employees must:-

- Not work more than twelve hours in any one shift.
- Not work more than 72 hours in a calendar week.
- Have a minimum rest period of 12 hours between booking off and booking on for consecutive shifts.
- Not work more than 13 shifts within any 14 consecutive days.

Travelling will be limited to a maximum of one hour to and one hour from the work site where shifts are of 12-hour duration.

This policy will be reviewed annually, when circumstances indicate a change is needed or when legislation is introduced that necessitates change.

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Approved by	G.Singh Director	Signed: 	Date 6/3/2025
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